



# Contemplative Prayer Workshop

Saturday, October 17, 2009

9 am-noon (Closing Taizé prayer at 11:45 am)

Registration and coffee 8:30 am - the workshop begins promptly at 9 am

**Sponsored by *The Threshold*, meeting at**

Highland Park Presbyterian Church

29<sup>th</sup> and Julian (in the Highlands)

Denver, CO

(1/2 block North of 29th)

Call **720-489-8073** to register

[www.thethreshold.us](http://www.thethreshold.us)

\$5 each, payable at the door (pays for handouts and other materials)

## What you will learn:

- What the Taizé Community can teach us about the contemplative life.
- How to use Taizé music and other sung prayer in your personal and community prayer life.
- What does it mean to be "contemplative."

**Bring your instrument...this is a hands-on workshop!**

## Your workshop leaders:

**Brad Berglund** began leading Taizé style prayer in Denver in 1996. He is a pastor, church musician and author of *Reinventing Sunday: Breakthrough Ideas for Transforming Worship* and *Reinventing Worship*. Brad has been to Taizé many times and is an adjunct professor at the Iliff School of Theology in Denver where he teaches courses in the areas of spirituality, prayer and pilgrimage.



**Ashley Seaman** is relieved to know the word, "contemplative," because it allows her the space inside of the Christian tradition to experience the fullness of God. As a pastor in the Presbyterian Church (U.S.A.), she gravitates to ministries (like the Threshold) that deepen our spiritual lives by journeying inward and outward - through terrain of doubt, struggle, joy, justice, and awakening. Ashley experiences the chants and contemplative practice of the ecumenical community of Taizé as all the more meaningful because they originate in a place that was founded for reconciliation in post-World War II Europe.

